

# NUMBERS **SAVE.**

**14,000,000** red cell transfusions are performed each year in the United States.

**38,000** units of blood are used every day.

Every **3** seconds, someone needs blood.

**1** teaspoon of blood can save a baby's life.

The average adult has **10-11** pints of blood in their body.

You have a **0%** chance of getting AIDS or other diseases from donating.

You may donate whole blood every **56** days, platelets every **7** days and plasma every **28** days.

If donors gave **2-4** times a year, blood shortages could be avoided.

**37%** of the U.S. population can donate blood, yet only **5%** does.

**17%** of non-donors say they don't donate because they haven't thought about it.

**15%** of non-donors say they're too busy to donate.

Almost **all of us** will need blood products in our lifetime.

**MOST DONORS GIVE BECAUSE THEY WANT TO HELP OTHERS**

## **GIVE BLOOD SAVE LIVES**